

Letter to the Editor, APA InMotion Magazine February 2016



I would like to say how much I enjoyed the November issue of *InMotion*. The 'Access all areas' compilation, profiling members from each of the APA National Groups to highlight the breadth of physiotherapy practice, was excellent. As physiotherapists, it reminded us all of the variety of work that our colleagues throughout the profession provide us with.

Specifically, it was great that, in my own special area of interest, the spotlight was put on men's health. Stuart Baptist highlighting the value of modern technologies in disseminating information to the public, as well as expanding on the importance for physiotherapists to embrace social media, was particularly important to me. I see this form of communication as a wonderful tool for educating the public on the 'personal' area of continence issues and showcasing the value of seeking help from a physiotherapist for both men's and women's health.

However, the biggest thrill for me in the November issue was reading APA Honoured Member Prue Galley's reflection on the progression of the physiotherapy profession over the years [page 55] .

I still remember sitting on the mats in my black and white check 'outfit' - bloomers, halter neck top and little overskirt (perfectly acceptable in those days but weirdly unacceptable now) - and listening to Miss Galley ask us why we wanted to become physiotherapists. Despite my ever-increasing memory lapses, I can remember saying very profoundly, 'I want to help people, Miss Galley'. Well, fortunately, I can look back on that first day in 1974 and say, 'Yep, Miss Galley, thanks to you and all my other physio lecturers and tutors at University of Queensland, I've helped a fair few people over the last 37 years!'

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